

Vision Health & Fitness

Client Vision Health & Fitness

The project involved a substantial refurbishment of the Old Police Intelligence Centre into a 20,000 sq. ft gym which offers over 200 pieces of equipment, a 20m sprint track, a custom-built assault rig, a dedicated High Intensity Interval Training zone and more than 200 exercise classes every month.

Works included:

- Removing raised access floor down to the concrete
- Installation of new flooring
- Full Mechanical & Electrical- including sound systems and visual displays.
- Bespoke Joinery- Reception Desk and Shake Bar
- New mirrors throughout
- Construction of new layout- consisting of shower & changing rooms, spin studios, exercise studios.
- New ceilings
- Decoration Works
- Installation of ramps- emergency escape
- Creation of raised access podiums for spin room

